



SYLLABUS 2022-2023
SECONDARY SCHOOL
6TH GRADE

SOCIAL EMOTIONAL LEARNING & LEARN TO LEARN

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LIFE AHEAD METHODOLOGY

Personal growth is assured through the philosophical foundations, and the school's Life Ahead Methodology. The Life Ahead Methodology promotes autonomy, organization, responsibility, and social skills. Its major goal is to produce self-reliant individual who will assume an ever-greater responsibility for their own learning.

COURSE DESCRIPTION

This course is divided in two:

1st semester SEL:

Students examine ways to deal with their emotions and how their emotional health can affect the choices they make in their lives.

2nd semester Learn to Learn:

This course covers strategies and techniques emphasizing time management and organizational skills to ensure students have a successful transition from elementary. Help students improve learning effectiveness and motivation.

OBJECTIVES

SEL:

- Being Emotionally Healthy
- Understand qualities of Healthy Relationships
- Understand how communication can promote healthy relationships
- Expressing Feelings in Healthy Ways
- Identify self-control skills for dealing with troublesome feelings
- Understanding the impact social media has on emotional health
- Setting goals for emotional health

Learn to Learn:

- Identify how to use an agenda properly.
- Identify what are the things they should have in their study area.
- Identify their learning style.
- Define what are good note-taking skills.
- Gain knowledge in how to organize their free time.
- Identify what are the things they should have in their study area
- Define the effects procrastination has on their health and emotions.

CONTENT

ESL: Mindset & Goals , What is Stress?, Bullying vs Conflict

Learn to Learn : Time Management, Avoiding Procrastination, Listening and Attention Skills

SKILL STRANDS

ESL:

Emotional awareness

Empathy and perspective-taking

Emotional management\ Problem solving Communication (listening, mediation, negotiation) Assertive Communication

Identify the difference between dignity and respect.

Learn to Learn:

Self-regard as learners

Reflection Identify what tools help them organize their time.

Gain knowledge on how to organize their time.

EXPECTATIONS

- Respect everyone's opinion
- Listen attentively and actively participate in class discussion.
- Complete work in class.
- Respect the classroom. Be sure to clean up after yourselves.

ASSESSMENT

All graded assignments will be graded using a point system.

Papers/Projects/Presentations

Throughout the course of the semester, students will be assigned papers, projects, and presentations (group and/or individual).

Participation:

Students are also responsible for participating in class.

APPOINTMENTS:

If you have any questions, you can request a meeting with the teacher by sending an email to iamaya@colegiomaya.edu.sv or calling 2316-7800.

For further information, we invite you to visit us at:



www.colegiomaya.edu.sv



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